

Parent Guide to Cybersecurity

Today's generation of youth is growing up in a highly digital world. As parents, you can integrate yourselves into their technology journey.

Key Tips

While numerous technologies exist to protect kids on the Internet, these are only short-term safeguards. The most influential and long-term protection for kids on the Internet is education.

1. **Talk with your kids** about the importance of privacy and security on the Internet. Have conversations about the dangers of interacting with people they've never met in person and sharing personal details such as their address, phone number, or real name. Establish family rules regarding social media and other online usage.
2. **Stay informed** about your kids' online activities. Regularly engage in conversations with them, allowing them to share what they're doing. This will help you better support them in navigating challenges in the digital space.
3. Familiarize yourself with the privacy and security settings of the apps your kids use. Websites like <https://www.connectsafely.org> provide guidance for parents on privacy settings for many common apps used today.

STAR is committed to your financial security and privacy. For more tips and information, please visit [STAR's security page](#). STAR also has a dedicated Fraud team ready to assist with any fraud-related matters.